

# What is the Life in Lockdown Project?

The Life in Lockdown Project has been created to document the impact of this global moment on the world, by creating an ambitious and diverse society-focussed book which will feature people living through the pandemic in order to capture the mood, spirit, hopes and fears to depict our quarantined lives.

Throughout lockdown, we've all had to deal with the challenges of being confined to our homes, with many of us deriving pleasure from activities we don't usually have as much time for – daily exercise, art or dance classes, helping people in the community, online quizzes with family and friends, random acts of kindness, and most frequently taking comfort from food – from simply cooking and eating at home every day, either with family or alone, baking with our children, making bread for the first time or making delicious pizzas, preserves and pickles, and even recreating our favourite fast food, to generally experimenting a lot more with what we eat.

The Project will use photography captured by you with memorable moments and anecdotes from your life during lockdown, along with your recipes or food stories. One hundred of the short-listed entries will feature in the book, and each published entrant will receive a complimentary copy before it goes on general release next year.

### What do I need to enter?

Each applicant must submit memorable moments and anecdotes from your life in lockdown (maximum 500 words), plus your image(s) of your memorable moments from lockdown (of you / family / work / pets – whatever is relevant), your recipe or food story (maximum 500 words), plus your food image(s) (image of the finished recipe, with a couple of options if possible, even preparation images if you like - the more the merrier).

### What are the image requirements?

Images must be saved as JPG/JPEG and be high quality, well-lit and be high resolution. Images can be captured on phones or cameras - either in colour or black and white.

#### How do I enter?

Visit <u>www.lifeinlockdownproject.com</u>, complete the entry form and upload your memorable moments and anecdotes from your life during lockdown, along with your recipes or food stories, and accompanying images – details are on the entry form.

# Can anyone enter?

The Life in Lockdown Project is free to enter and open to all ages. However, if you are under 18, you must obtain parental or guardian consent to enter. The entry form must also be submitted by an adult (parent/guardian) on behalf of anyone under the age of 18.

# What is the closing date for submissions?

The closing date for submissions is 31st August 2020.

# Can I post my submission?

All submissions must be made using the online entry form via www.lifeinlockdownproject.com

### How will submissions be assessed?

Each entry will be assessed on what it conveys and photographic quality rather than culinary expertise.

## How many submissions will be used in the Project?

Approximately 100 submissions will be chosen for the published project.

## When will the Project be published?

The Life in Lockdown Project book will be published in 2021.

## What will you do with my personal details?

All personal details will be held securely for the duration of the Project. They will only be used in the process of administering the Project and will not be transferred to any third party.